



## Local Resources

### Grocery Stores/Pharmacies

<p><b>*Safeway Money - Orders .69 cents</b>            340 E McDowell Rd            Phoenix, AZ 85004            (602) 252-4538  <b>2 mins / 0.25 miles</b></p>	<p><b>Phoenix Public Market</b>            14 E Pierce St            Phoenix, AZ 85004            (602) 254-1799  <b>2 mins / 0.84 miles</b></p>
<p><b>Los Altos Ranch Market</b>            1602 E Roosevelt St            Phoenix, AZ 85006            (602) 254-7201  <b>4 mins / 1.6 miles</b></p>	<p><b>*Safeway Money Orders .69 cents</b>            520 W Osborn Rd            Phoenix, AZ 85013            (602) 274-7422  <b>6 mins / 2.46 miles</b></p>
<p><b>AJ's Fine Foods</b>            5017 N Central Ave            Phoenix, AZ 85012            (602) 230-7490  <b>7 mins / 3.44 miles</b></p>	<p><b>*Fry's Food &amp; Drug</b>            - Money Orders .50 cents            744 W Camelback Rd            Phoenix, AZ 85013-2207            (602) 279-9001  <b>12 mins / 4.4 miles</b></p>
<p><b>Sprouts</b>            2824 E Indian School Rd            Phoenix, AZ 85016            (602) 553.3131  <b>11 mins / 5.22 miles</b></p>	<p><b>Whole Foods</b>            4701 N 20<sup>th</sup> St            Phoenix, AZ 85016            (602)761-4750  <b>7 mins/ 5.24 miles</b></p>
<p><b>Trader Joes</b>            4821 N 20th St            Phoenix, AZ 85016            (602) 912-9022  <b>8 mins / 5.39 miles</b></p>	
<p><b>*Denotes a Pharmacy on site</b></p>	



## Local Resources

### Grocery Stores/Pharmacies

<p><b>CVS</b>            1525 N Central Ave            Phoenix, AZ 85004            (602) 256-2124  <b>2 mins / 0.39 miles</b></p>	<p><b>Walgreen's</b>            705 E McDowell Rd            Phoenix AZ 85006            (602) 258-4865  <b>2 mins / 0.46 miles</b></p>
<p><b>Avella Specialty Pharmacy            Apothecary Shop</b>            1101 N Central Ave #102            Phoenix AZ 85004            (602) 257-1134  <b>5 mins / .6 miles</b></p>	<p><b>Walgreen's</b>            3402 N Central Ave            Phoenix AZ 85012            (602) 265-4781  <b>5 mins / 2.22 miles</b></p>
<p><b>CVS</b>            711 E Indian School Rd            Phoenix, AZ 85014            (602) 266-0273  <b>7 min / 2.3 miles</b></p>	<p><b>Food City</b>            2124 E McDowell Rd.            Phoenix, AZ 85006            (602) 267-7201  <b>7 mins / 3.0 miles</b></p>
<p><b>Healthy Habit Foods</b>            6029 N 7th St            Phoenix AZ 85014            (602) 252-6000  <b>10 mins / 4.4 miles</b></p>	
<p><b>*Denotes a Pharmacy on site</b></p>	



## Local Resources

### Banks

<b>Chase</b> 1601 N 7th St #140 Phoenix, AZ 85006 (602) 252-3244 <b>3 mins / .3 miles</b>	<b>Chase Bank Tower</b> 201 N Central Ave Phoenix, AZ 85004 (602) 221-4724 <b>4 mins / 1.25 miles</b>
<b>Wells Fargo Bank</b> 90 N 1st Ave Phoenix, AZ 85003 (602) 378-1321 <b>4 mins / 1.35 miles</b>	<b>Comerica Bank</b> 1 N Central Ave #110 Phoenix, AZ 85004 (602) 417-1155 <b>4 mins / 1.36 miles</b>
<b>Midfirst Bank</b> 411 N Central Ave Phoenix, AZ 85004 (602) 258-1482 <b>5 mins / 1.3 miles</b>	<b>Meridian Bank</b> 2700 N Central Ave #110 Phoenix, AZ 85004 (602) 274-7500 <b>5 mins / 1.3 miles</b>
<b>Bank of America</b> 201 E Washington St Phoenix, AZ 85004 (602) 523-2371 <b>6 mins / 1.6 miles</b>	<b>US Bank</b> 3800 N Central Ave Phoenix, AZ 85012 (800) 872-2657 <b>7 mins / 2.3 miles</b>



## Local Resources

### Gas Stations/Convenient Stores

<b>Circle K</b> 702 W McDowell Rd Phoenix, AZ 85006 <b>1 min / 0.42 miles</b>	<b>Shell</b> 922 N 7th St. Phoenix, AZ 85006 <b>1 min / 0.61 miles</b>
<b>Mobil</b> 1101 N 7 <sup>th</sup> St Phoenix, AZ 85006 2 mins / .6	<b>Shell/Circle K</b> 1533 E McDowell Rd Phoenix, AZ 85006-2940 <b>4 mins / 1.3 miles</b>
<b>Circle K</b> 1501 W McDowell Road Phoenix, AZ 85007-1630 <b>3 mins / 1.44 miles</b>	<b>Arco AM/PM</b> 2902 N 16th St Phoenix, AZ 85016 <b>6 mins / 2.45 miles</b>
<b>Quik Trip</b> 321 W Indian School Road Phoenix, AZ 85013-3205 <b>6 mins / 2.74 miles</b>	



## Local Resources

### Discount/Club Membership Stores

<p><b>*Walmart</b>            3721 E Thomas Rd            Phoenix, AZ 85018            (602) 685-0555  <b>9 mins / 5.4 miles</b></p>	<p><b>*Costco</b>            1646 W Montebello Ave            Phoenix AZ 85015-2557            (602) 293-4524  <b>12 mins / 5.46 miles</b></p>
<p><b>*Target</b>            5715 N 19th Ave            Phoenix, AZ 85015            (602) 308-3604  <b>11 mins / 5.70 miles</b></p>	<p><b>*Sam's Club</b>            8340 W McDowell Rd            Phoenix, AZ 85037            (623) 936-8528  <b>13 mins / 10.51 miles</b></p>
<p><b>*Denotes a Pharmacy on site</b></p>	

### Laundromats/Dry Cleaners

<p><b>Ranchies Laundromat</b>            1602 E Roosevelt St            Phoenix, AZ 85006            (602) 254-1879  <b>5 min / 1.6 miles</b></p>	<p>Wash &amp; Dry  <b>901 N 16th St</b>  <b>Phoenix, AZ 85006</b>  <b>(602) 252-5191</b>            3 mins / 1.62 miles</p>
<p><b>George's Wash &amp; Dry Clean</b>            2211 N 16<sup>th</sup> St            Phoenix, AZ 85006            (602) 253-7753  <b>6 mins / 2 miles</b></p>	<p><b>My Laundry Room</b>            1811 B 24<sup>th</sup> St Ste A            Phoenix AZ 85008            (602) 273-4253  <b>8 mins / 2.5 miles</b></p>



## Local Resources

### Laundromats/Dry Cleaners

<p><b>Central Plaza Laundromat</b>          1212 S N 7th Ave          Phoenix, AZ 85007          (602) 254-0093  <b>7 mins / 2.9 miles</b></p>	<p><b>Soapy Sudz Laundry</b>          3620 E Thomas Rd Ste D128          Phoenix, AZ 85018          (602) 955-0615  <b>9 mins / 5.29 miles</b></p>
<p><b>Kachina Cleaners</b>          3926 E Indian School Rd          Phoenix, AZ 85018          (602) 955-5540  <b>11 mins / 6.95 miles</b></p>	<p><b>Farah Laundromat</b>          5834 S Central Ave          Phoenix, AZ 85040          (602) 232-2190  <b>12 mins / 5.58 miles</b></p>

### Libraries / Post Offices

<p><b>Phoenix Public Library</b>          1221 N Central Ave          Phoenix, AZ 85004-1820          (602) 262-4636          2 minutes / 0.22 miles  <b>Open 7 days a week</b>  <i>Free Computer Use</i>  <i>Mon., Fri., Sat. 9am-5pm</i>  <i>Tues., Wed., Thurs. 11am-9pm</i>  <i>Sunday 1pm-5pm</i></p>	<p><b>US Post Office</b>          522 N Central Ave          Phoenix, AZ 85004          (602) 253-9648  <b>4 mins / 1.31 miles</b></p>
<p><b>US Post Office</b>          1045 N 24th St          Phoenix, AZ 85008          (602) 629-0865  <b>4 mins / 2.47 miles</b></p>	<p><b>US Post Office</b>          741 E Highland Ave          Phoenix, AZ 85014          (602) 265-8176  <b>8 mins / 3.22 miles</b></p>



## Local Resources

### Shopping Centers/Malls

<p><b>Arizona Center</b>            400 E Van Buren St            Phoenix, AZ 85004            (602) 271-4000  <b>4 mins / 1.17 miles</b></p>	<p><b>Cityscape</b>            50 W Jefferson St            Phoenix, AZ 85004            (602) 732-5490  <b>5 mins / 1.62 miles</b></p>
<p><b>Biltmore Fashion Park</b>            2502 E Camelback Rd            Phoenix, AZ 85016            (602) 955-8400  <b>10 mins / 6.29 miles</b></p>	<p><b>Christown Spectrum Mall</b>            1703 W Bethany Home Rd            Phoenix, AZ 85015            (602) 249-0670  <b>10 mins / 7.9 miles</b></p>
<p><b>Metrocenter Mall</b>            9617 N Metro Pkwy            Phoenix, AZ 85051            (602) 997-2642  <b>15 mins / 10.88 miles</b></p>	<p><b>Tempe Marketplace</b>            2000 E Rio Salado Pkwy            Tempe, AZ 85281            (480) 966-9338  <b>15 mins / 11.34 miles</b></p>
<p><b>Arizona Mills</b>            5000 S Arizona Mills Cir            Tempe, AZ 85282            (480) 491-9700  <b>15 mins / 11.35 miles</b></p>	<p><b>Paradise Valley Mall</b>            4568 E Cactus Rd            Phoenix, AZ 85032            (602) 996-8840  <b>18 mins / 13.88 miles</b></p>
<p><b>Scottsdale Fashion Square</b>            7014 E Camelback Rd            Scottsdale, AZ 85251            (480) 990-7800  <b>22 mins / 12.07 miles</b></p>	<p><b>Desert Ridge Marketplace</b>            Tatum Blvd and Loop 101            Phoenix, AZ 85050            Phone: 480-513-7586  <b>20 mins / 19 miles</b></p>



## Local Resources

### Local Attractions / Entertainment

<p><b>Phoenix Theatre</b>            100 E McDowell Rd            Phoenix, AZ 85004            (602) 258-1974  <b>2 mins / 0.38 miles</b></p>	<p><b>Phoenix Art Museum **</b>            1625 N Central Ave            Phoenix, AZ 85004            (602) 257-1222  <b>2 mins / 0.50 miles</b>  <b>** FREE Wed. 3-9pm; 1<sup>st</sup> Fridays 6-10pm</b></p>
<p><b>Heard Museum</b>            2301 N Central Ave            Phoenix, AZ 85004            (602) 252-8344  <b>2 mins / 0.94 miles</b></p>	<p><b>Herberger Theater Center</b>            222 E Monroe St.            Phoenix, AZ 85004            (602) 254-7399  <b>3 mins / 1.02 miles</b></p>
<p><b>Japanese Friendship Garden</b>            1125 N 3<sup>rd</sup> Ave            Phoenix, AZ 85003            (602) 256-3204  <b>5 mins / 1.1 miles (walking distance)</b></p>	<p><b>Phoenix Symphony Hall</b>            225 E Adams St            Phoenix, AZ 85004            (602) 262-7272  <b>3 mins / 1.13 miles</b></p>
<p><b>Chase Field</b>            401 E Jefferson St            Phoenix, AZ 85004            (602)462-6500            Home of the Arizona Diamondbacks  <b>5 mins / 1.1 miles</b></p>	<p><b>Talking Stick Resort Arena</b>            201 E Jefferson St            Phoenix, AZ 85004            (602)379-2000            Home of the Phoenix Suns, Phoenix Mercury and Arizona Rattlers            Also hosts concerts  <b>8 mins / 1.8 miles</b></p>





## Local Resources

### Local Attractions / Entertainment

<p><b>AMC Arizona Center</b>            565 N 3<sup>rd</sup> St            Phoenix, AZ 85004            (602) 307-5371  <b>4 mins / 1.17 miles</b></p>	<p><b>Arizona Science Center **</b>            600 E Washington St            Phoenix, AZ 85004            (602) 716-2000  <b>3 mins / 1.35 miles</b>  <b>**FREE 1<sup>st</sup> Fridays 5:30–9 pm</b></p>
<p><b>Orpheum Theater</b>            203 W Adams St            Phoenix, AZ 85003            (602) 262-6225  <b>6 mins / 1.5 miles</b></p>	<p><b>Lucky Strike Lanes</b>            50 W Jefferson St            Phoenix, AZ 85004            (602) 732-5490  <b>5 mins / 1.62 miles</b></p>
<p><b>Harkins Arcadia 8</b>            3975 E Thomas Rd            Phoenix, AZ 85018            (602) 275-5271  <b>10 mins / 5.75 miles</b></p>	<p><b>AMC Esplanade 14</b>            2515 E Camelback Rd            Phoenix, AZ 85016            (602) 667-0330  <b>12 mins / 5.77 miles</b></p>
<p><b>Phoenix Zoo</b>            455 North Galvin Pkwy            Phoenix, AZ 85008            (602) 273-1341  <b>10 mins / 7.07 miles</b></p>	<p><b>Desert Botanical Garden</b>            1201 N Galvin Pkwy            Phoenix, AZ 85008            (480) 941-1225  <b>11 mins / 7.77 miles</b></p>
<p><b>Castles &amp; Coasters</b>            9445 N Metro Pkwy E            Phoenix, AZ 85051            (602) 997-7575  <b>15 mins / 10.64 miles</b></p>	<p><b>University of Phoenix Stadium</b>            1 West Cardinal Dr            Glendale, AZ 85305            (623) 433-7101            Home of the Arizona Cardinals  <b>17 mins / 16.5 miles</b></p>



## Local Resources

### Lodging/Hotels

<p><b>Fairfield Inn &amp; Suites</b>  <b>2520 North Central Ave</b>  <b>Phoenix, AZ 85004</b>  <b>(602) 716-9900</b>            5 mins / 1.22 miles</p>	<p><b>Sheraton-Downtown</b>            340 N 3rd St            Phoenix, AZ 85004            (602) 262-2500  <b>5 mins / 0.85 miles</b>  <i>*Dog friendly Hotel- Accommodates up to two dogs weighing up to 4 pounds each. No deposit is required.</i></p>
<p><b>Hampton Inn Phoenix-Midtown</b>            160 West Catalina Dr            Phoenix, AZ 85013            (602) 200-0990  <b>4 mins / 1.74 miles</b></p>	<p><b>Holiday Inn Express &amp; Suites</b>            620 No 6<sup>th</sup> St            Phoenix, AZ 85004            (602) 452-2020  <b>3 mins / .9 miles</b></p>
<p><b>Ramada by Wyndam</b>            212 West Osborn            Phoenix, AZ 85013            (877) 410-6681  <b>5 mins / 2.09 miles</b></p>	<p><b>Hilton Garden Inn-Midtown</b>            4000 N Central Ave            Phoenix, AZ 85012            (602) 279-9811  <b>5 mins / 2.50 mile</b></p>
<p><b>Days Inn-Airport</b>            2900 E Van Buren St            Phoenix, AZ 85008            (602) 275-7651 from \$47  <b>7 mins / 3.72 mile</b></p>	<p><b>Best Western Airport Inn</b>            2425 S 24th St            Phoenix, AZ 85034            (800) 780-7234  <b>9 mins / 4.85 miles</b></p>



## Local Resources

### Lodging/Hotels

**Residence Inn Phoenix Airport**

801 North 44th Street  
Phoenix, AZ 85008  
(602) 273-9220

**9 mins / 6 miles**

*\*Pets allowed. Non-refundable sanitation fee: \$75, contact hotel for more details*

**Best Western Inn Suites**

1615 E Northern Ave  
Phoenix, AZ 85020  
(602) 997-6285

**13 mins/ 10.5 miles**

*\*Pets allowed. Up to 2 dogs per room with 80 pound weight limit. Additional pets (cats, birds, etc) may be accepted at the hotel's discretion. Prior notice is necessary. Pet rate is \$20 per stay.*

### Pet Hotels

**Jet Pet Resort**

1625 E Osborn Rd  
Phoenix, AZ 85016  
(602) 265-8245

**10 mins / 3.6 miles**

**Villa La Paws**

10640 N 32rd St  
Phoenix, AZ 85028  
(602) 442-7933

**13 mins / 12.3 miles**

### Electronic Stores

**Best Buy**

1949 E Camelback Rd  
Phoenix, AZ 85016  
(602) 266-3400

**9 mins / 5.9 miles**

**Fry's Electronics**

3035 W Thunderbird Rd  
Phoenix, AZ 85053  
(602) 445-8800

**16 mins / 13.53 miles**



## Local Resources

### Public Parks

<p><b>Cancer Survivors Park</b>            1st St &amp; Willetta            Phoenix, AZ 85004            (602) 262-6412  <b>2 mins / 0.22 miles (walking distance)</b></p>	<p><b>Margaret T Hance Park</b>            1134 N Central Ave            Phoenix, AZ 85004            (602) 534-2406  <b>2 mins / 0.71 miles (walking distance)</b></p>
<p><b>Monterey Park</b>            350 E Oak St            Phoenix, AZ 85004            602-256-3220  <b>2 mins / 0.82 miles</b></p>	<p><b>Historical Heritage Square</b>            115 N Sixth St            Phoenix, AZ 85004            (602) 262-5071  <b>3 mins / 1.22 miles</b></p>
<p><b>Encanto Park</b>            1202 W Encanto Blvd            Phoenix, AZ 85007            (602) 254-1200  <b>6 mins / 1.8 miles</b></p>	<p><b>Steele Indian School Park</b>            Indian School Rd/S Herrera Way            Phoenix, AZ 85012            (602) 534-4810  <b>7 mins / 2.4 miles</b></p>
<p><b>Granada Park</b>            6505 N 20th St            Phoenix, AZ 85016            (602) 534-3924  <b>11 mins / 7.11 miles</b></p>	



## Local Resources

### Cancer Support Resources

<p><b>The Cancer Support Community</b>  <b>(f/k/a The Wellness Community)</b>          360 E Palm Ln          Phoenix, AZ 85004          (602) 712-1006  <b>1 min / 0.57 miles</b></p>	<p><b>Virginia G Piper Center</b>          10460 N 92nd St #206          Scottsdale, AZ 85258          (480) 323-1000  <b>26 mins / 22.93 miles</b></p>
<p><b>American Cancer Society</b>          4550 E Bell Rd #126          Phoenix, AZ 85032          (602) 224-0524  <b>20 mins / 16.56 miles</b></p>	

### Ground Transportation

<p><b>Phoenix Transit System</b>  <b>(Bus/Light Rail)</b>          (602) 262-7433          Ask Staff for Schedule</p>	<p><b>Greyhound</b>          2115 East Buckeye Rd          Phoenix, AZ 85034-4300          (602) 389-4205  <b>11 mins / 3.8 miles</b></p>
<p><b>Super Shuttle</b>          (602) 244-9000</p>	<p><b>Checker Cab</b>          (602) 257-1818</p>
<p><b>Discount Taxi</b>          (602) 200-2000</p>	<p><b>Yellow Cab</b>          (602) 252-5252</p>
<p><b>Clean Air Cab</b>          (480) 777-9777</p>	<p><b>D&amp;W Transport, LLC</b>          (602) 791-2427</p>



## Local Resources

### Car Rental

<b>Enterprise</b> 1949 E Camelback Rd Phoenix, AZ 85016 (602) 257-4177 <b>9 mins / 3.1 miles</b>	<b>Budget</b> 2640 E Indian School Rd Phoenix, AZ 85016 (602) 957-9836 <b>8 mins / 5.3 miles</b>
<b>Avis</b> 2640 E Indian School Rd Phoenix, AZ 85016 (602) 957-0531 <b>8 mins / 5.3 miles</b>	<b>Hertz / Dollar</b> 520 E Dunlap Ave Phoenix, AZ 85020 (602) 997-0578 <b>16 mins / 7.4 miles</b>
<b>**Note – Airport fees not charged at above locations.</b>	

### Airlines Flying to Phoenix Sky Harbor

American - (480) 693-0800	Alaska - (480) 785-0191
<b>Frontier - (801) 401-9000</b>	<b>Southwest - (602) 899-7843</b>
<b>jetBlue - (800) 538-2583</b>	<b>Sun Country - (800) 359-6786</b>
<b>Delta - (602) 273-3300</b>	<b>Spirit - (801) 401-2222</b>
<b>Boutique - (855) 268-8478</b>	<b>United - (602) 899-7844</b>
<b>Hawaiian - (602) 220-3486</b>	<b>Great Lakes - (602) 225-2855</b>
<b>Volaris - (855) 865-2747</b>	<b>WestJet - (888) 937-8538</b>



## Local Resources

### Places of Worship

<p><b>Trinity Episcopal Cathedral</b> 100 W. Roosevelt St. Phoenix, AZ 85004 (602) 254-7126 <b>2 mins / 0.69 miles</b></p>	<p><b>Central United Methodist Church</b> 1875 N Central Ave Phoenix, AZ 85004 (602) 258-8048 <b>3 mins / 0.7 miles</b></p>
<p><b>Stake Central Ward Mormon</b> 47 East Ashland Avenue Phoenix, AZ 85004-1321 (602) 252-4602 <b>6 mins / 1.2 miles</b></p>	<p><b>Central United Presbyterian Church</b> 37 E Indian School Rd Phoenix, AZ 85012 (602) 248-0807 <b>5 mins / 2.44 miles</b></p>



## Local Resources

Places of Worship	
<p><b>St. Frances Xavier Catholic Church</b>            4715 N. Central Ave            Phoenix, AZ 85012            (602) 279-9547  <b>6 mins / 3.19 miles</b></p>	<p><b>North Phoenix Baptist Church</b>            5757 N. Central Ave            Phoenix, AZ 85012            (602) 707-5757  <b>9 mins / 4.20 miles</b></p>
<p><b>Mount of Olives Lutheran Church</b>            3546 E Thomas Rd            Phoenix, AZ 85018            (602) 956-1620  <b>9 mins / 5.11 miles</b></p>	<p><b>First Christian Church – Phoenix</b>            6750 N 7<sup>th</sup> Ave            Phoenix, AZ 85013            (602) 246-9206  <b>14 mins / 5.9 miles</b></p>
<p><b>Islamic Center of Arizona</b>            9026 N 9th St            Phoenix, AZ 85020            (602) 870-2949  <b>19 mins / 7.91 miles</b></p>	<p><b>Shreenathji Temple</b>            6300 S 23<sup>rd</sup> Ave            Phoenix, AZ 85041            (602) 288-8801  <b>12 mins / 8.65 miles</b></p>
<p>Danielle Fragnito - Lisa Temple (Hindu /            Buddhist Temple)  <b>8222 S 48th St</b>  <b>Phoenix, AZ 85044</b>  <b>(602) 368-1818</b>            15 mins / 10.70 miles</p>	





## Local Resources

### Hospice

<b>Hospice of the Valley (HOV)</b> 340 E Coronado Rd Phoenix, AZ 85004 (602)258-9356 <b>8 mins / 0.4 miles</b>	<b>Hospice Inspiris</b> 2025 N 3rd St #205 Phoenix, AZ 85004 (602)712-10000 <b>2 mins / 0.6 miles</b>
<b>Seasons Hospice</b> 2020 N Central Ave #170 Phoenix, AZ (602)66-4200 <b>4 mins / 1.2 miles</b>	<b>Ryan House (HOV)</b> 110 W Merrell St Phoenix, AZ 85013 (602) 200-0767 <b>5 mins / 1.6 miles</b>
<b>Evercare Hospice &amp; Palliative Care</b> 3141 N 3 <sup>rd</sup> Ave Phoenix, AZ 85013 (602)344-1590 <b>6 mins / 2.1 miles</b>	



## Local Resources

### Hospitals

<p><b>Banner Good Samaritan</b>          1111 E McDowell Rd          Phoenix, AZ 85006          (602) 839-2000  <b>2 mins / 0.72 miles</b></p>	<p><b>St. Joseph's Hospital &amp; Med Ctr</b>          350 W Thomas Rd          Phoenix, AZ 85013          (602) 406-3000  <b>5 mins / 1.8 miles</b></p>
<p><b>St. Luke's Medical Center</b>          1800 E Van Buren St          Phoenix, AZ 85006          (602) 251-8100  <b>6 mins / 2.4 miles</b></p>	<p><b>Phoenix VA Health Care System</b>          650 E Indian School Rd          Phoenix, AZ 85012          602-277-5551  <b>7 mins / 2.4 miles</b></p>
<p><b>Maricopa County Medical Center</b>          2601 E Roosevelt St          Phoenix, AZ 85008          (602) 344-5627  <b>5 mins / 2.82 miles</b></p>	<p><b>John C. Lincoln          North Mountain Hospital</b>          250 E Dunlap Ave          Phoenix, Arizona 85020-2914          (602) 943-2381  <b>18 mins / 7.7 miles</b></p>
<p><b>Scottsdale Healthcare          Osborn Medical Center</b>          7400 E Osborn Rd          Scottsdale, AZ 85251          (480) 882-4000  <b>17 mins / 10.55 mile</b></p>	<p><b>Banner Estrella Med Center</b>          9201 W Thomas Rd          Phoenix, AZ 85037          (623) 327-4000  <b>16 mins / 12.47 miles</b></p>
<p><b>Mayo Clinic</b>          5777 E Mayo Blvd          Phoenix, AZ 85054          (480) 515-6296  <b>24 mins / 20.32 miles</b></p>	<p><b>Scottsdale Healthcare          Shea Medical Center</b>          9003 E Shea Blvd          Scottsdale, AZ 85260          (480) 323-3000  <b>25 mins / 22.66 miles</b></p>



## Local Resources

### Hospitals

<b>Mayo Clinic</b> 13400 E Shea Blvd Scottsdale, AZ 85259 (480) 301-8000 <b>35 mins / 23.82 miles</b>	<b>Banner Boswell Medical Center</b> 10401 W Thunderbird Blvd Sun City, AZ 85351 (623) 832-4000 <b>28 mins / 23.92 miles</b>
<b>Banner Gateway Medical Center</b> 1900 N Higley Rd Gilbert, Arizona 85234 (480) 543-2000 <b>28 mins / 24.63 miles</b>	<b>Banner MD Anderson Cancer Center</b> 2946 E Banner Gateway Dr Gilbert, AZ 85234 (480) 256-6444 <b>28 mins / 24.93 miles</b>
<b>Banner Baywood Med Ctr</b> 6644 E Baywood Ave Mesa, AZ 85206 (480) 321-2000 <b>34 mins / 29.40 miles</b>	<b>Banner Del Web</b> 14502 W Meeker Blvd Sun City West, AZ 85375 (623) 214-4000 <b>37 mins / 29.87 miles</b>
<b>Banner Ironwood</b> 37000 N Gantzel Road San Tan Valley, AZ 85140 (480) 394-4000 <b>54 mins / 43.84 miles</b>	



## Local Resources

### Delivery Service/Restaurants

**Taco Bell**

301 E McDowell Rd  
Phoenix, AZ 85014  
(602) 252-9332  
**2 mins / .19 miles**

**Einstein Brothers**

530 E McDowell Rd #111  
Phoenix, AZ 85003  
(602) 262-4202  
**2 mins / .20 miles**

**Blue Fin (Japanese Cuisine)**

401 N Central Ave  
Phoenix, AZ 85004  
(602) 254-3171  
**3 mins / .30 miles**

**Jobot**

333 E Roosevelt Ave #110  
Phoenix, AZ 85004  
(602) 281-7127  
**3 mins / .37 miles**

**Subway**

530 E McDowell Rd St #105  
Phoenix, AZ 85032  
(602) 716-9880  
**3 mins / .38 miles**

**Subway**

530 E McDowell Rd St #105  
Phoenix, AZ 85032  
(602) 716-9880  
**3 mins / .38 miles**

**Bliss reBAR**

901 N 4th St  
Phoenix, AZ 85004  
(602) 795-1792  
**3 mins / .50 miles**

**Habeneros Mexican Grill**

620 E Roosevelt St  
Phoenix, AZ 85004  
(602) 253-0200  
**5 mins / .50 miles**

**The Old Spaghetti Factory**

1418 N Central Ave  
Phoenix, AZ 85004  
(602) 257-0308  
**4 mins / .53 miles**

**Moira - Sushi Bar & Kitchen**

215 E McKinley  
Phoenix, AZ 85004  
(602) 254-5085  
**2 mins / .60 miles**

**Ike's Love and Sandwiches**

910 N 4th St  
Phoenix, AZ 85004  
(480) 565-8573  
**3 mins / .60 miles**

**Mother Bunch Brewing**

825 N 7th St  
Phoenix, AZ 85004  
(602) 368-3580  
**5 mins / .60 miles**

**Pizza People Pub \***

1326 N Central Ave  
Phoenix, AZ 85004  
(602) 307-0022  
**5 mins / .62 miles**

**Hob Nobs Gourmet \* (min \$20)**

149 W McDowell Rd  
Phoenix, AZ 85004  
(602) 253-9220  
**5 mins / .66 miles**



# Local Resources

## Delivery Service/Restaurants

<p><b>America's Taco Shop</b>            2041 N 7th St            Phoenix, AZ 85004            (602)682-5627  <b>5 mins / .69 miles 5 mins / .69 miles</b></p>	<p><b>Jimmy Johns</b>            620 E Roosevelt            Phoenix, AZ 85004            (602) 688-8429  <b>3 mins / .70 miles 3 mins / .70 miles</b></p>
<p><b>Tastybox</b>            621 N 7th St            Phoenix, AZ 85006            (602) 535-8772  <b>3 mins / .70 miles 3 mins / .70 miles</b></p>	<p><b>Matt's Big Breakfast</b>            825 N 1st St            Phoenix, AZ 85004            (602) 254-1074  <b>5 mins / .70 miles 5 mins / .70 miles</b></p>
<p><b>Nami</b>            2914 N 7th St            Phoenix, AZ 85006            (602) 258-6264  <b>5 mins / .70 miles 5 mins / .70 miles</b></p>	<p><b>Green New American Vegetarian</b>            2022 N 7th St            Phoenix, AZ 85004            (602) 258-1870  <b>5 mins / .70 miles 5 mins / .70 miles</b></p>
<p><b>Coco's Bakery</b>            2026 N 7th St            Phoenix, AZ 85003            (602) 258-3821  <b>5 mins / .77 miles 5 mins / .77 miles</b></p>	<p><b>Pizza Hut</b>            702 N 1st St            Phoenix, AZ 85006            (602) 229-1133  <b>5 mins / .77 miles 5 mins / .77 miles</b></p>
<p><b>Fair Trade Café</b>            1020 N Central            Phoenix, AZ 85003            (602) 354 8150  <b>3 mins / .80 miles 3 mins / .80 miles</b></p>	<p><b>Pomo Pizzeria</b>            795 N 1st St #120            Phoenix, AZ 85006            (602) 795-2555  <b>3 mins / .80 miles 3 mins / .80 miles</b></p>
<p><b>Rice Paper (Vietnamese Cuisine)</b>            2221 N 7th St            Phoenix, AZ 85004            (602) 602-7621  <b>3 mins / .80 miles 3 mins / .80 miles</b></p>	<p><b>Cibo Pizza</b>            603 N 5th Ave            Phoenix, AZ 85004            (602) 441-2697  <b>5 mins / .80 miles 5 mins / .80 miles</b></p>
<p><b>Welcome Diner</b>            924 E Roosevelt St            Phoenix, AZ 85006            (602) 495-1111  <b>5 mins / .80 miles 5 mins / .80 miles</b></p>	<p><b>Zoe's Kitchen</b>            521 W McDowell Rd            Phoenix, AZ 85004            (602) 716-0070  <b>5 mins / .87 miles 5 mins / .87 miles</b></p>



## Local Resources

### Delivery Service/Restaurants

**The Habit Burger Grill**

530 W McDowell Ave  
Phoenix, AZ 85006  
(602) 254-2931  
3 mins / .90 miles

**Five Guys**

1515 N 7th Ave  
Phoenix, AZ 85006  
(602) 253-6014  
**3 mins / .90 miles**

**Forno 301**

1616 N Central Ave #104  
Phoenix, AZ 85003  
(480) 787-5654  
**4 mins / .90 miles**

**Ziegler's New York Pizza Dept**

556 W McDowell Rd  
Phoenix, AZ 85003  
(602) 343-6973  
**4 mins / .90 miles**

**Potbelly Sandwich Shop**

534 W McDowell Rd  
Phoenix, AZ 85003  
(602) 283-3267  
**4 mins / .90 miles**

**Rubio's Coastal Grill**

530 W McDowell Ave  
Phoenix, AZ 85003  
(480) 058-0001  
**4 mins / .90 miles**

**Pita Jungle**

1001 N 3rd Ave  
Phoenix, AZ 85006  
(602) 254-7482  
**5 mins / .90 miles**

**FEZ - Mediterranean**

105 W Portland St  
Phoenix, AZ 85004  
(602) 287-8700  
**6 mins / .90 mile**

**MacAlpines Soda Fountain**

2303 N 7th St  
Phoenix, AZ 85004  
(602) 262-5545  
**5 mins / .92 miles**

**Chipotle Mexican Grill**

1515 N 7th Ave  
Phoenix, AZ 85003  
(602) 314-8127  
**3 mins / 1.0 miles**

**Gallo Blanco**

928 E Pierce St  
Phoenix, AZ 85006  
(602) 327-0880  
**5 mins / 1.0 miles**

**The Coronado**

2201 N 7th St  
Phoenix, AZ 85003  
(602) 252-1322  
**5 mins / 1.1 miles**

**Humble Pie**

2333 N 7th St  
Phoenix, AZ 85006  
(602) 229-1289  
**5 mins / 1.1 miles**

**Siu Wok (Chinese)**

2801 N Central Ave  
Phoenix, AZ 85006  
(602) 230-2960  
**6 mins / 1.1 miles**



# Local Resources

## Delivery Service/Restaurants

<p><b>Kincade's Steak House</b>            2 S 3rd St            Phoenix, AZ 85003            (602) 340-0000  <b>5 mins / 1.14 miles</b></p>	<p><b>Switch Restaurant and Wine Bar</b>            2603 N Central Ave            Phoenix, AZ 85003            (602) 264-2295  <b>4 mins / 1.2 miles</b></p>
<p><b>Panera Bread Company</b>            2845 N Central Ave            Phoenix, AZ 85003            (602) 274-0290  <b>6 mins / 1.2 miles</b></p>	<p><b>Bowl of Greens</b>            555 N Central Ave            Phoenix, AZ 85006            (602) 795- 9710  <b>6 mins / 1.2 miles</b></p>
<p><b>Pizzeria Bianco</b>            623 E Adams St            Phoenix, AZ 85006            (602) 258-8300  <b>6 mins / 1.22 miles</b></p>	<p><b>IHOP</b>            2508 N Central Ave            Phoenix, AZ 85004            (602) 253 7971  <b>6 mins / 1.25 miles</b></p>
<p><b>Duza's Kitchen</b>            2243 N 12th St            Phoenix, AZ 85006            (480) 252-3787  <b>5 mins / 1.3 miles</b></p>	<p><b>Tuck Shop Kitchen &amp; Bar</b>            2245 N 12th St            Phoenix, AZ 85012            (602) 354-2980  <b>5 mins / 1.3 miles</b></p>
<p><b>Domino's Pizza</b>            2819 N Central Ave            Phoenix, AZ 85004            (602) 234-3030  <b>6 mins / 1.36 miles</b></p>	<p><b>Honey Bear's BBQ</b>            2824 N Central Ave            Phoenix, AZ 85012            (602) 702-3060  <b>4 mins / 1.38 miles</b></p>
<p><b>Pei Wei Asian Diner</b>            701 W McDowell Rd #101            Phoenix, AZ 85006            (602) 308-0410  <b>5 mins / 1.4 miles</b></p>	<p><b>El Norteno</b>            1002 N 7th Ave            Phoenix, AZ 85006            (602) 254-4629  <b>5 mins / 1.4 miles</b></p>
<p><b>Mad Greens</b>            1515 N 7th Ave #100            Phoenix, AZ 85003            (602) 314- 8470  <b>5 mins / 1.4 miles</b></p>	<p><b>Ahipoki Bowl</b>            1515 N 7th Ave #140            Phoenix, AZ 85003            (602) 595-1661  <b>5 mins / 1.5 miles</b></p>



# Local Resources

## Delivery Service/Restaurants

### La Santisima Gourmet Taco Shop

1919 N 16th St  
Phoenix, AZ 85007  
(602) 254-6330  
**5 mins / 1.5 miles**

### Vovomeena

1515 N 7th Ave #170  
Phoenix, AZ 85007  
(602) 252-2541  
**5 mins / 1.5 miles**

### The Arrogant Butcher

2 W Jefferson St  
Phoenix, AZ 85004  
(480) 993-2500  
**4 mins / 1.57 miles**

### Tilted Kilt

2 E Jefferson St #217  
Phoenix, AZ 85004  
(602) 293-3888  
**4 mins / 1.58 miles**

### China Chili

302 E Flower St  
Phoenix, AZ 85003  
(602) 266-4463  
**5 mins / 1.6 miles**

### First Watch

3110 N Central Ave  
Phoenix, AZ 85006  
(602) 248-3897  
**5 mins / 1.6 miles**

### Wild Thaiger

2631 N Central Ave  
Phoenix, AZ 85004  
(602) 241-8995  
**4 mins / 1.6 miles**

### Papa John's

231 W Thomas Rd #B  
Phoenix, AZ 85004  
(602) 264-7070  
**4 mins / 1.61 miles**

### Sacks Art of Sandwicherie

231 W Thomas Rd #231  
Phoenix, AZ 85003  
(602) 604-9661  
**4 mins / 1.64 miles**

### First Watch

61 W Thomas Rd  
Phoenix, AZ 85013  
(602) 265-2902  
**5 mins / 1.7 miles**

### Vegan House

20 W Adams St  
Phoenix, AZ 85003  
(602) 258-3426  
**7 mins / 1.7 miles**

### Taco Guild

546 E Osborn Rd  
Phoenix, AZ 85012  
(602) 264-4143  
**5 mins / 1.9 miles**

### Gadzooks

3313 N 7th St  
Phoenix, AZ 85013  
(602) 279-5080  
**5 mins / 1.9 miles**

### Mariscos Playa Hermosa

1605 E Garfield St  
Phoenix, AZ 85003  
(602) 462-1563  
**7 mins / 1.9 miles**



# Local Resources

## Delivery Service/Restaurants

<p><b>KFC</b> 2902 N 7th Ave Phoenix, AZ 85003 (602) 234-8346 <b>4 mins / 1.98 miles</b></p>	<p><b>Barrio Café</b> 2814 N 16th St Phoenix, AZ 85006 (602) 636-0240 <b>7 mins / 2.2 miles</b></p>
<p><b>Macayos Mexican Food</b> 4001 N Central Ave Phoenix, AZ 85004 (602) 264-6141 <b>5 mins / 2.28 miles</b></p>	<p><b>Juan's Mexican Food</b> 1516 E Thomas Rd Phoenix, AZ 85013 (602) 241-1918 <b>5 mins / 2.34 miles</b></p>
<p><b>Lo Lo's Chicken &amp; Waffles</b> 10 W Yuma St Phoenix, AZ 85013 (602) 340-1304 <b>7 mins / 2.37 miles</b></p>	<p><b>Mu Shu Asian Grill</b> 1502 W Thomas Rd Phoenix, AZ 85013 (602) 277-9867 <b>6 mins / 2.45 miles</b></p>
<p><b>Mu Shu Asian Grill</b> 1502 W Thomas Rd Phoenix, AZ 85013 (602) 277-9867 <b>6 mins / 2.45 miles</b></p>	<p><b>Grabbagreen</b> 50 W Jefferson St #120 Phoenix, AZ 85003 (602) 734-9200 <b>10 mins / 2.7 miles</b></p>
<p><b>Tortas Paquimé</b> 2541 E McDowell Rd Phoenix, AZ 85008 (602) 244-1188 <b>5 mins / 2.8 miles</b></p>	<p><b>Mi Patio</b> 4108 N 7th Ave Phoenix, AZ 85013 (602) 277-4831 <b>7 mins / 3.0 miles</b></p>
<p><b>Comedor Guadalajara</b> 1830 S Central Ave Phoenix, AZ 85004 (602) 253-8299 <b>10 mins / 3.0 miles</b></p>	<p><b>Denny's</b> 5002 N 7th St Phoenix, AZ 85014 (602) 278-7721 <b>8 mins / 3.45 miles</b></p>
<p><b>Lou Malnati's</b> 100 E Camelback Rd Phoenix, AZ 85014 (602) 892-9998 <b>12 mins / 3.7 miles</b></p>	<p><b>Bertha's Café</b> 3134 E Indian School Rd Phoenix, AZ 85016 (602) 955-1022 <b>13 mins / 5.2 miles</b></p>



# Local Resources

## Delivery Service/Restaurants

<p><b>Spinatos Pizzeria</b>            5509 N 7th St            Phoenix, AZ 85012            (602) 277-0088  <b>10 mins / 3.9 miles</b></p>	<p><b>Miracle Mile Deli</b>            4433 N 16th St            Phoenix, AZ 85014            (602) 776-0992  <b>8 mins / 5.0 miles</b></p>
<p><b>Daily Dose</b>            1928 E Highland Ave F-107            Phoenix, AZ 85016            (602) 274-0334  <b>10 mins / 5.0 miles</b></p>	<p><b>Rosati's Pizza</b>            4041 E Thomas Rd            Phoenix, AZ 85018            (602) 381-0009  <b>10 mins / 5.8 miles</b></p>
<p><b>True Food Kitchen</b>            2502 E Camelback Rd            Phoenix, AZ 85016            (602) 774-3488  <b>15 mins / 6.0 miles</b></p>	<p><b>Texaz Grill</b>            6003 N 16th St            Phoenix, AZ 85016            (602) 248-7827  <b>9 mins / 6.54 miles</b></p>
<p><b>First Watch</b>            3215 E Camelback Rd            Phoenix, AZ 85018            (602) 955-3447  <b>17 mins / 7.0 miles</b></p>	<p><b>Flower Child</b>            100 E Camelback Rd            Phoenix, AZ 85020            (480) 212-0180  <b>15 mins / 8.5 miles</b></p>
<p><b>Marigold Maison (Indian Cuisine)</b>            4720 E Cactus Rd            Phoenix, AZ 85032            (602) 795-0020  <b>19 mins / 12.9 miles</b></p>	<p><b>Roka Akor</b>            7299 N Scottsdale Rd            Scottsdale, AZ 85253            (480)306-8800  <b>24 mins / 14.44 miles</b></p>



## Local Resources

### Juice and Coffee Bars

<b>Starbucks</b> 550 E Willetta St Phoenix, AZ 85004 (602) 257-9602 <b>3 mins / .10 miles</b>	<b>Jobot</b> 333 E Roosevelt Ave #110 Phoenix, AZ 85004 (602) 281-7127 <b>3 mins / .37 miles</b>
<b>Giant Coffee</b> 1437 N 1st St Phoenix, AZ 85004 (602) 396-7215 <b>2 mins / .4 miles</b>	<b>Bowl of Greens</b> 555 N Central Ave Phoenix, AZ 85004 (602) 795-9710 <b>5 mins / 1.4 miles</b>
<b>Lola's Coffee Shop</b> 1001 N 3rd Ave Phoenix, AZ 85003 (602) 252-2265 <b>5 mins / .9 miles</b>	<b>Pop N Tea Bar</b> 550 W McDowell Ave Phoenix, AZ 85003 (602) 253-6310 <b>4 mins / .9 miles</b>
<b>Press Coffee</b> 616 N Central Ave, Ste 102 Phoenix, AZ 85004 (602) 633-1100 <b>5 mins / 1.0 miles</b>	<b>Starbucks</b> 837 N 7th Ave Phoenix, AZ 87007 (602) 253-6907 <b>5 mins / 1.2 miles</b>
<b>Kaleidoscope Juice</b> (Inside Chloe's Corner) 1 N 1st S Phoenix, AZ 85004 (602) 441-3127 <b>6 mins / 1.5 miles</b>	<b>Jamba Juice</b> 3110 N Central Ave Phoenix, AZ 85012 (602) 266-7153 <b>6 mins / 2 miles</b>
<b>Lux Coffee Central</b> 4402 N Central Ave Phoenix, AZ 85012 (602)327-1396 <b>8 mins / 2.9 miles</b>	<b>Tropical Smoothie Café</b> 1640 E Camelback Rd #150 Phoenix, AZ 85016 (602)274-2000 <b>9 mins / 6.7 miles</b>
<b>Nektar Juice Bar</b> 2045 E Camelback Rd #A16 Phoenix, AZ 85016 (480) 771-5181 <b>15 mins / 4.9 miles</b>	



## Local Resources

### Massage

<p><b>Massage Envy</b>          1160 E Camelback Rd          Phoenix, AZ 85016          (602) 222-3689  <b>8 mins / 5.7 miles</b></p>	<p><b>Southwest Institute of Healing Arts</b>          1100 E. Apache Blvd          Tempe, AZ 85281          (480) 966-4425  <b>15 mins / 11 miles</b></p>
<p><b>Arizona School of Massage Therapy</b>          10000 N 31<sup>st</sup> Ave D 100          Phoenix, AZ 85051          (602) 331-4325  <b>15 mins / 11.9 miles</b></p>	<p><b>Hand &amp; Stone Massage Therapy</b>          4727 E Cactus Rd          Phoenix, AZ 85032          (602) 992-2268  <b>18 mins/ 14 miles</b></p>
<p><b>Moriah II Nails &amp; Spa</b>          455 N 3rd St #1175          Phoenix, AZ 85004  <b>(602) 252-2797</b></p>	

### Fitness/Exercise Facilities

<p><b>The Cancer Support Community</b>          360 E Palm Ln          Phoenix, AZ 85004          (602) 712-1006  <b>4 min / 0.57 miles</b>  <b>Mat/Chair Pilates, Gentle Yoga, Qi Gong, Stretch, Move &amp; Lift, Walking Clubs and Peaceful Breath and Relaxation</b></p>	<p>Lincoln Family Downtown YMCA  <b>350 North 1st Ave</b>  <b>Phoenix, AZ 85003</b>  <b>(602) 252-2610</b>          5 mins / 1.4 miles  <b>\$8 Daily Usage Fee</b></p>
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